



Paradise Garden Animal Haven

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SHELTER OUTREACH SERVICES POST-OPERATIVE INSTRUCTIONS

PLEASE FOLLOW THESE POST-OPERATIVE INSTRUCTIONS FOR YOUR CAT OR DOG,
WHO WAS SPAYED OR NEUTERED TODAY.

Keep your pet inside, warm, and dry tonight. Do not give your pet a bath, or otherwise expose the incision site to water or dirt.

If your pet is over the age of six months, give your pet water and *half the normal amount of food tonight.* Tomorrow, you can put your pet back on his or her regular feeding schedule. Kittens and puppies have no food restrictions.

Restrict your pet's activity. The activities you should discourage are running, jumping, rough play, and off-leash activities. Males should have restricted activity for 7 days. Females should have restricted activity for 10 – 14 days.

Monitor the incision site for signs of heat, pain, discharge, or odor. If you see any of these signs, or if you have any other concerns, please call the Shelter Outreach Services number, below.

Do not let your pet lick the incision site. Use an e-collar if your pet is licking the incision.

There are no sutures to remove, nor should you touch the incision site. Do not clean the incision site. Do not apply ointments to the incision site. Do not cover the incision site. Do not pull stitches at the incision site. The stitches will come out on their own time. Your pet will not mind.

Your pet has been tattooed, per the Association of Shelter Veterinarians' Veterinary Medical Care Guidelines for Spay-Neuter Programs. The tattoo indicates that your pet has been sterilized. You will see a green or blue line on your pet's abdomen. The color is the tattoo ink and is normal. Please call if the tattoo area looks red or has any discharge.

If you have any medical questions or concerns, please call Shelter Outreach Services:

(607) 351-3024